Winter menu

Month: December 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Wholegrains cereals	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits
	01	02	03	04	05
	Vegan dahl	Chicken alfredo pasta	Minestrone soup	Veal & cheese tortelini	Turkey meatloaf
Regular	Served with rice	With spinach	Wholewheat bread	mushroom & tomato sauce	mashed potato & carotts
	Vegan dahl	Vegan Alfredo pasta	Minestrone soup	cheese tortelini	Vegan meatless balls
Vegetarian	Served with rice	With spinach	Wholewheat bread	mushroom & tomato sauce	mashed potato & carotts
Vegan	Vegan dahl Served with rice	Vegan Alfredo pasta With spinach	Minestrone soup Wholewheat bread	Vegan pasta gratiné mushroom & tomato sauce	Vegan meatless balls mashed potato & carotts
Dessert	Apple sauce	Fresh fruits	Gelatin free yogurt	Fresh fruits	Gelatin free yogurt
PM Constalla	Mini croissant	Pita & hummus	Crudités & cesar dip	Wholwheat crackers	Banana muffin
Snack	cream cheese			& cheese	
	08	09	10	11	12
Regular	Cream of broccoli soup With half grilled cheese	Oven baked ground turkey lasagnette	Fish sticks Rice & macedoine	Chicken & eggplant stew With couscous	Meat
Regulai	Wholewheat bread				shepperds pie
Vegetarian	Cream of broccoli soup	Oven baked ground tofu lasagnette	Fish sticks Rice & macedoine	Eggplant & chick peas stew	Lentils
vegetariani	With half grilled cheese With half grilled cheese	ground tord lasagnette	RICE O MACEUOINE	With couscous	shepperds pie
Vegan	Cream of broccoli soup	Oven baked	Vegan patty	Eggplant & chick peas stew	Lentls
Dessert	With Vegan grilled cheese Apple sauce	ground tofu lasagnette Fresh fruits	Rice & macedoine Gelatin free yogurt	With couscous Fresh fruits	shepperds pie Gelatin free yogurt
PM	Crudités with	English muffin	Wholwheat crackers	Tortillas roll ups	Lemon madelaine
Snack	Tzatziki	Tuna dip	8 cheese		
	15	16	17	18	19
	Split pea soup	Beef macaroni gratiné	Thai rice with chicken		Cheese pizza
Regular	With wholewheat bread	Cheeseburger style	Chop suey & pepper		served with crudités
	Split pea soup	Macaroni & cheese	Thai rice with tofu		Cheese pizza
Vegetarian	With wholewheat bread	gratiné	Chop suey & pepper	Festive menu	served with crudités
Vegan	Split pea soup	Macaroni & vegan cheese	Thai rice with tofu	restive menu	Vegan cheese pizza
Danaamt	With wholewheat bread	Freeh Codh	Chop suey & pepper		served with crudités
Dessert PM	Apple sauce Brown rice cake &	Fresh fruits Half bagel	Gelatin free yogurt Wholwheat crackers		Gelatin free yogurt Blueberry & bran
Snack	hummus	Cream cheam	& cheese		muffin
İ	22	23	24	25	26
	Chicken & noodles soup	Shell pasta, broccoli	<u> </u>		20
Regular	with alphabet pasta	Tomato sauce & parmesan			
	Wholewheat bread Chick peas & noodles soup	Shell pasta, broccoli			
Vegetarian	with alphabet pasta	Tomato sauce & parmesan			
Vacan	Wholewheat bread	Challana ta lanca all'	Fermé	Fermé	Fermé
Vegan	Chick peas & noodles soup Wholewheat bread	Shell pasta, broccoli With vegan cheese			
Dessert	Apple sauce	Fresh fruits			
PM Snack	Breton & guacamole	Mini croissant cream cheese			
	20	20	24	01	00
	29	30	31	O 1	02 Beef chili
Regular					Served with pita bread
					Three bases als:
Vegetarian					Three beans chili Served with pita bread
_	Fermé	Fermé	Fermé	Fermé	·
Vegan					Three beans chili Served with pita bread
Dessert					Gelatin free yogurt
PM					Blueberry scone
Snack					

